### RACE INFORMATION

4 MAY 2025



Sprint Series
Adventure Race

## WELCOME



It is an absolute privilege for us to return to Anglesea and greet again all the amazing teams who are up for an exciting adventure we have prepared for you.

Anglesea is a true adventure racing paradise with unlimited paddling, trail running and mountain biking options.

Thank you to all participants, volunteers, and event stakeholders for supporting the event.

We can't wait to see your smiles of satisfaction as you roll under the finish line at the end of your adventure racing journey.

Welcome to all, the elites fighting hard for the podium, the family teams, and those just hoping to finish the course.

Serge & Maria, AJ Team info@adventurejunkie.com.au



### SCHEDULE

The schedule is slightly changed to accommodate the vast field of participants.

- 7:00 Kayaks are ready to be unloaded at the race HQ or TA (TBC)
- 7:00 The transition area is open for the MTB gear drop off (TBC)
- 7:00 Registration opens at the race HQ
- 8:45 Race start for Novice course teams at the HQ
- 9:15 Race starts for Classic teams at the HQ
- 11:30 Winners are expected to finish
- 14:00 Presentation



### EVENT LOGISTICS

This year, we're keeping things spicy and mysterious—think of it as "Yet-To-Be-Revealed Adventure."

Due to the possibility of "planned" burn-offs on the Eumeralla MTB trails, we can't confirm the exact course just yet. We'll only know which trail gets the spotlight a few days out—so teams will need to be ready for anything. So the logistic scheme and TA location will be up at 1 PM on our socials.

Expect a run to somewhere, where the ride will start, and possibly a paddle from an entirely different somewhere else.

Don't worry—we'll provide an opportunity to drop and collect paddles if that's the case (we're not that mean). And for those planning to ride in cleats: be ready to tuck a pair of runners into your pack unless you fancy a dainty jog in carbon soles.

The good news? We've got not one, but two full courses locked and loaded, ready to go depending on what the fire gods decide.

Massive thanks to our local legends who jumped into last-minute course planning heroics, and to Parks for the rare unicorn move of approving both routes simultaneously.

That's the kind of chaos coordination we love to see!

## EVENT LOCATIONS

#### The race HQ is Lorne - Queenscliff Coastal Reserve Great Ocean Rd, Anglesea VIC 3230

-38.41192368272863, 144.18882712817214

The Transition area for MTB gear drop is yet to be confirmed! The teams will be emailed the exact location on Saturday at 1 pm. Also, the TA location will be published on our FB page: https://www.facebook.com/adventurejunkie.com.au



# THE HQ

Lorne - Queenscliff Coastal Reserve

-38.41192368272863, 144.18882712817214

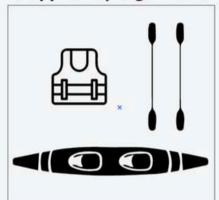


# EQUIPMENT

#### mtb legs gear



### kayaking gear (supplied by organisers)



#### all time gear



#### All legs:

- Water at least 0.5l for the start of each leg per person;
- Race bib (provided) per person;
- Mobile phone- per team;
- First aid kit per team;

#### MTB leg:

- A mountain bike;
- Helmet;
- Repair kit;

#### Kayaking leg:

- Paddles (provided)
- Double or two single kayaks (double sit-on-top boat is provided);
- PFD (provided), if you are racing with a kid, please BYO if you have one;
- Footwear.

# EQUIPMENT

#### Additional recommended items:

- Waterproof pouch for race information and maps or contact;
- Compass, map board for the mtb leg;
- Sufficient nutrition for the race (snacks, gels, electrolytes);
- Spare dry clothes;
- Waterproof jacket;
- Sun protection, slip, slop, slap, wrap;
- Bike, trail running and paddling footwear;
- Gaiters.

#### What to wear:

- Off-road shoes or any shoes you're comfortable running on rocks, sand, or trails;
- Triathlon shorts, or any shorts;
- Cap/hat for the run and paddle;
- Cycling jersey or any jersey you're comfortable in if it gets wet after the kayaking leg.

#### What to put into the transition area:

The gear you plan to use on the MTB leg includes a helmet, mountain bike, extra water bottle, nutrition, and bike shoes (if you're using them).

### THE COURSE

The course is not marked.

The control points determine the course, marked with pink circles **on the map.** 

There will be a few legs: 1 kayaking, 1 or 2 running and one mountain biking.

#### The order of the legs is mandatory.

The order of checkpoints within a leg could be either mandatory (numerical order) or optional (any order).

It will be provided in the race description you receive on the morning of the event what the order of the checkpoints within each leg is.

Most checkpoints are mandatory to visit (if you miss one of those checkpoints, you get a 20 minutes penalty).

The Novice course starts at 8:45 am.

The Classic course starts at 9:15 am

We will randomly divide all the teams into two groups.

You will receive your group allocation at the onsite check-in on the morning of the event.

Groups will have a different order of legs within the course.

Ultimately both groups will complete the same distance.

Bonus checkpoints for the Classic course teams

Only on the Classic course a few checkpoints will be bonus checkpoints. It will be indicated in the race description which checkpoints are bonus checkpoints and how much time you receive if you visit these checkpoints.

# THE TIMING SYSTEM

Each checkpoint is equipped with a timing station and orienteering flag (except for some in public places, there will be only one station, which will be indicated in the race description).

The first few checkpoints will be equipped with 2-3 stations.

To register at the checkpoint, you slide with the timing tag on top of the red button on the the timing station.

### The station will beep and flash if you register successfully.

Demos will be given at the briefing. Please make sure you tried how the timing system works.

#### There is one timing tag per team

The timing tag has to be fastened with a wristband (provided).

The timing tags are used to 'register' at each checkpoint.

Team members must be within 20 meters from each other for the entire event.

There is a timing station under the finish arch. Once you 'register' at that station, the racing time stops.

#### After the finish

Please return the timing tag and orange race vests once you have finished.

We need to get your timing chip to provide your result.

Timing station



Timing chips.



Checkpoint



## TRAINING SESSION

If you have pre-booked Navigation and/or Kayaking sessions, we are excited to see you at the race HQ at 5 pm.

When: Saturday, 3 May From 5 till 6 pm.

Where: Race HQ, Lorne-Queenscliffe reserve

Email us if you would like to participate. The session will be added to your booking. The cost is \$49 per team of two.



