Sprint Series
Adventure Race

RACE INFORMATION

1 MAY 2022
ANGLESEA

adventuresprint.com.au

WELCOME

It is an absolute privilege for us to return to Anglesea and see all of you again- elites fighting for the podium places and those who are just hoping you will make it to the finish line.

We are extremely excited to welcome all spectators, volunteers and participants to Anglesea for the first race in the 2022 Sprint Series.

Surf Coast provides everything the most scrupulous adventure racers could wish for:

- exciting mountain bike trails;
- safe paddling waterways;
- great views with recently updated maps;
- a variety of sleeping and eating options.

SHOULD YOU HAVE ANY QUESTIONS PLEASE CONTACT US

0455570487 SERGE
0466968184 MARIA

INFO@ADVENTUREJUNKIE.COM.AU

BEFORE YOU ARRIVE

THANK YOU

For registering for the event and we are looking forward to seeing you on Sunday the 1st of May 2022.
Every event is unique and Anglesea is no exception so please take note of the following

HIRE DEADLINES

Wednesday, 27th of April, is the deadline for the bikes/ compasses/ mapboards hire. Please book them online via registration link: https://eventplus.net/shop?eporg=SSA22
Just add required items to your booking. Please no booking via email or phone. If you experience **technical** difficulties with your registration or hire please text Serge 0455570487. Unfortunately, we will not be able to arrange any extra hire after Wednesday.

NOVICE COURSE START TIME: 10:00 AM

Start time is 9:00 am for Classic course. 10:00 am for Novice course. Registration is open from 7:30 for all and till 9:30 for Novice.

BIKE DROP OFF IN TRANSITION AREA

MTB leg will start and finish in the Transition area, which is a different place from HQ. The mountain bike gear has to be dropped off at TA before the start. The Transition area is located within a 5 minutes drive from the HQ (details in the next pages).

KAYAKING GEAR

Is fully supplied as a part of your entry. However, you're welcome to use your own gear.

RACE DAY CONTACTS

Please add into your phone:
0455570487 Serge
0466968184 Maria.

RACE LOCATION

The HQ is located at the Lorne - Queenscliff Coastal Reserve
-38.41209714369427, 144.1889368968965

It takes about 1,5 hour drive from Melbourne CBD along M1.

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TRAINING SESSIONS

From our experience, **Navigation** and **Kayaking** are the main daunting parts for first-time adventure racers.

We understand how busy you are. We have designed two fully-packed sessions, right in the race HQ. They will give you an opportunity to familiarise yourself with the kayaking equipment and get a quick “how to use a map and compass” guide.

What: Kayaking and Navigation sessions, 30 minutes each, you can book either one or both sessions.

When: Saturday the 30tht of April. From 5 till 6 PM.

Where: Anglesea foreshore, event HQ. Queenscliff Coastal Reserve -38.41209714369427, 144.1889368968965

Who: designed for first-time racers.

Cost: $20 per session or $30 per both per person.

Booking: https://eventplus.net/shop?eporg=SSA22 add one training session or both training sessions to your registration

RACE DAY: SUNDAY 1 MAY

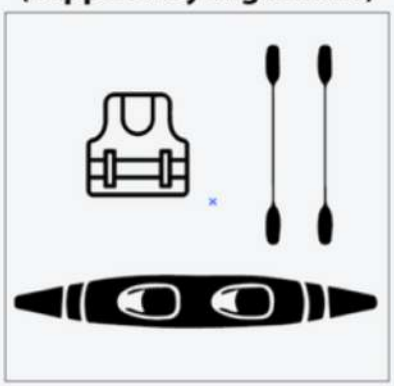
RACE DAY SCHEDULE

7:30 AM	8:50 AM	9:50 AM	11:45 AM	1:30 PM
Arrive to HQ, unload a kayak, register, drop your bike at TA, go back to HQ, check out your maps	Time to go to the start line for CLASSIC teams only. Remember to follow your Group's order of legs.	Time to go to the start line for NOVICE teams. Remember to follow order of legs for NOVICE course.	Leaders of all courses are expected to be approaching the finish line.	All teams are expected to finish. PRESENTATION

EQUIPMENT

mtb legs gear

kayaking gear (supplied by organisers)



all time gear

ADDITIONAL RECOMMENDED ITEMS

- Waterproof pouch for race information and maps;
- Compass, mapboard for the mtb leg;
- Sufficient nutrition for the race (snacks, gels, electrolytes);
- Spare warm clothes for the bike leg, for after kayaking;
- Waterproof jacket and thermal top
- Sun protection, slip, slop, slap, wrap;
- Bike, trail running and paddling footwear;
- Gaiters;

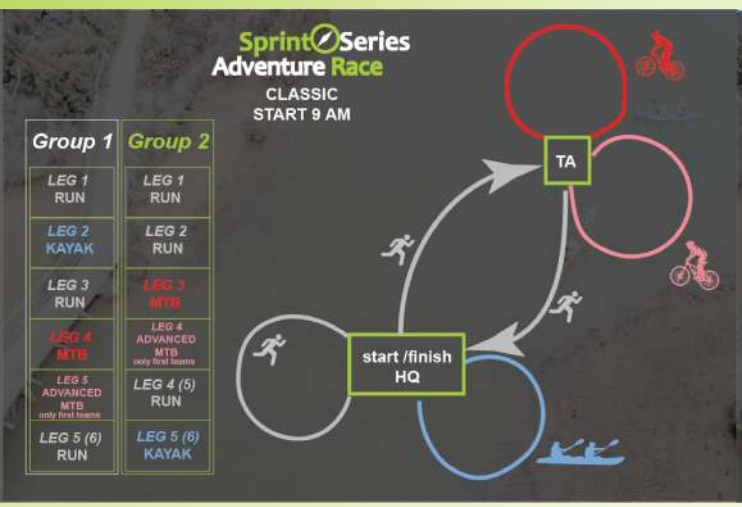
RACE LOGISTICS

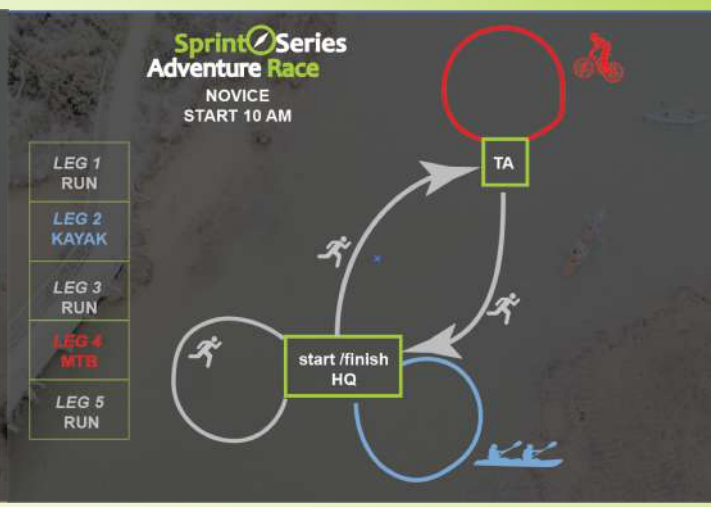
The mountain bike leg starts and finishes in Transition area.
The MTB gear should be dropped off at the Transition Area before the start but after the registration (registration desk is located in HQ).

Once you registered at the event HQ you will receive your mtb number plate and map board (if you booked a hire).

MTB gear needs to be picked up after the finish ASAP.
Hired mountain bikes will be delivered to the TA and picked up from there after the race.

COURSES: CLASSIC & NOVICE





Classic course

Teams will be divided randomly into two groups. You will receive your group allocation at the registration. Groups will have a different order of course legs. Ultimately both groups will complete the same course.

Novice course

Teams will start with short running leg. Then all teams will paddle, run to TA, ride and then run back to the finish line. Please do not adjust boats before the start, as Classic teams will be using them first.

Advanced leg (Classic course only):
The leaders of both groups will be able to complete an additional advanced mtb leg straight after the mtb section. To qualify for the advanced leg Group 2 teams have to complete run 1, run 2 and mtb legs within 5 minutes after the leading team; Group 1 teams have to complete the run 1, kayak, run 2 and mtb leg within 8 minutes after the leading team (of their Group). Totally, maximum 8 teams within each Group can qualify for the advanced leg. E.g. if you're 9th within your Group you cannot proceed to the advanced leg; or if only 2 teams complete the mtb and previous legs within 5 or 8 minutes respectively (based on your start Group) then only 2 teams will qualify for the advanced leg.

Results calculation (Both Classic and Novice courses)
Each missed CP (except Advanced leg for Classic), will result in 20 min time penalty.
Each CP on the advanced leg will give 20 min bonus, which will likely result in teams tackling advanced leg ranked in front of all other teams.

RACE TIMING

CHECKPOINTS

The course is determined by control points, marked on the maps with pink circles.
Timing stations will be located at each checkpoint.
The first few checkpoints will be equipped with 2-3 stations.
At each checkpoint you need to push on the timing station with your timing chip.
The station will beep and flash if you register successfully.
Demos will be given at the briefing.
Please make sure you tried how timing system work.

TIMING TAGS

Timing tags are supplied to each participant. The timing tag has to be fastened with a wrist band (provided).
The timing tags are used to ‘register’ at each checkpoint.
Both members of a team have to register at each checkpoint.
There is a timing station under the finish arch. Once you ‘register’ at that station your racing time stops.

AFTER THE FINISH

Please return timing chip once you finished.
No chip, no race timing, unfortunately.

Timing station

Timing chips.

Checkpoint

COVID SAFETY

Even though restrictions are lifted and there are no more requirements for check-in and vaccination status check, we would kindly remind you to stay home if you're having any of COVID symptoms.

PROTECT YOURSELF AND THOSE AROUND YOU

Stay at home if you are sick

Wash your hands regularly

Cover your coughs and sneezes

Keep 1.5 metres away from others (as much as you can)

Avoid touching your face

Get tested if you have symptoms

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11-12 NOVEMBER 2022

EXPEDITION: NON-STOP 48 HOUR COURSE

EXPLORE: 2 DAY STAGE RACE WITH OVERNIGHT STOP